

Colds

A. Reading

Pedro has a cold. His nose is stuffed up, he coughs a lot, and he has a sore throat. He felt fine last night, but now he is very sick. Pedro wants to go home and rest, but he can't. He is an accountant and payroll is due today. He needs to print and sign payroll checks so the employees get paid on time.

Pedro's boss went on a business trip to Springfield, Illinois. He won't be back until next week. Before he left, he asked Pedro to take care of the office. There are twenty office workers, and they are all very busy. Hopefully, they won't catch Pedro's cold. If the employees catch colds, they might take several days off work.



B. True or False

1. _____ Pedro is sick.
2. _____ All twenty office workers are busy.
3. _____ Pedro's boss is on vacation.
4. _____ An accountant needs to be good at math.
5. _____ Employees get payroll checks.

C. Yes or No – Share your opinion.

1. _____ Pedro should stay at work.
2. _____ Pedro should go home immediately and eat chicken soup.
3. _____ The employees should avoid touching their nose, eyes, and mouth.
4. _____ Pedro should cover his mouth when he coughs.
5. _____ It's okay if the employees get paid late.

D. Writing – What do you do when you have a cold?

Going to the Dentist

A. Reading

James is at the dentist's office today because he has a toothache on the right side of his mouth. He bought some medicine at the drug store, but the pain didn't stop. His last dental check-up was six years ago. James is afraid of dentists.

An x-ray technician took x-rays of his teeth. He has three cavities. The dentist is drilling two of the cavities, but he will have to pull out the tooth that has the third cavity. That cavity is so large that it can't be filled. That is also the tooth that is causing the pain.

Every time the dentist starts the drill, James clinches with fear. The dentist told him to relax, but he can't. What can he do? How can he relax?



B. True or False

1. _____ James is afraid of dentists.
2. _____ A large cavity on the right side of his mouth is causing a toothache.
3. _____ The x-ray shows that James has three cavities.
4. _____ The medicine James bought at the drug store stopped the pain.
5. _____ James feels stress when he hears the sound of the drill.

C. Yes or No – What about you?

1. _____ I am afraid of dentists.
2. _____ I brush and floss my teeth every day.
3. _____ I eat a lot of candy.
4. _____ I have a toothache.
5. _____ I have dental insurance.

D. Writing – How can James relax while the dentist fixes his teeth?

Teachers: This freelif skills worksheet maybe copied for classroom use.

ESL Teacher

A. Reading

Mrs. Sanchez is an ESL teacher. She works in the computer lab at an adult education center. She is seven months pregnant with her first child.

Mrs. Sanchez is worried because her husband started a new business, and it is not making much money. They have been using her income to pay the bills, but it isn't enough. They can't afford to pay for health insurance much longer.

Her husband wants her to take three weeks off work after the baby is born and then look for a full-time job with health insurance. Unfortunately, there are only a few full-time ESL teaching jobs. Most ESL teachers are hired part-time, and they don't have health insurance.



B. True or False

1. _____ Mr. Sanchez is seven months pregnant.
2. _____ Mrs. Sanchez works in the computer lab.
3. _____ Most ESL teachers work full-time.
4. _____ Part-time teachers work fewer hours than full-time teachers.
5. _____ Mrs. Sanchez is going to have her first child in two months.

C. Yes or No – What about you?

1. _____ I have health insurance.
2. _____ There is a hospital in my city.
3. _____ I work full-time.
4. _____ I have a computer.

D. Writing – What should Mrs. Sanchez do? How can she solve her problem?

Teachers: This freelifeskills worksheet maybe copied for classroom use.

Healthy Family Meals

A. Reading

The Shinawatra family is trying to eat healthy meals, but it is difficult. Both Mr. and Mrs. Shinawatra work all day, and they are tired when they get home. They also have two young sons who need a lot of attention. Their oldest son is seven years old and the younger son is nine months old.

It is difficult for the Shinawatras to plan healthy family meals when they have such a busy schedule. Lately, the family has been eating fast food that Mr. Shinawatra picks up on the way home from work. This is a bad habit, and the Shinawatras are worried that their children will develop poor eating habits. They want to start eating healthy homemade meals.



B. True or False

1. _____ Mr. and Mrs. Shinawatra are married, and they have three children.
2. _____ Eating fast food for dinner is a bad habit.
3. _____ Mrs. Shinawatra is tired when she gets home from work.
4. _____ The baby in the picture is sitting in a high chair and drinking a bottle.
5. _____ It is difficult to plan healthy family meals because the Shinawatras are busy.

C. True or False

1. _____ Mr. and Mrs. Shinawatra are married, and they have three children.
2. _____ Eating fast food for dinner is a bad habit.
3. _____ Mrs. Shinawatra is tired when she gets home from work.
4. _____ The baby in the picture is sitting in a high chair and drinking a bottle.

D. Writing – What should the Shinawatras do? How can they solve their problem?

A Present for Father

A. Reading

Sunday is Father's Day, and Maria wants to buy a special gift for her father. She looked at the Father's Day ads in the newspaper, but they mostly had sales on ties and bottles of cologne. Her father doesn't like to wear ties, and he never wears cologne. He used to go fishing or bowling on the weekends, but lately he's been staying home and working in the garden.

Maria can spend about \$45 on her father's gift. She wants to buy him something that he will use every week. Last year she got him a sweater and two sports shirts. She wants to get him something different this year.



B. True or False

1. _____ Maria wants to buy a gift for her mom for Father's Day.
2. _____ Maria's father used to go fishing and bowling on weekdays.
3. _____ Last year, Maria got her father two sweaters and a sports shirt.
4. _____ The newspaper ads had sales on ties and cologne for Father's Day.
5. _____ Maria can spend \$45 on her father's gift.

C. Yes or No – What about you?

1. _____ I visit my father on Father's Day.
2. _____ I like to give gifts.
3. _____ I like to receive gifts.
4. _____ I look in the newspaper for sales before I buy things.

D. Writing – What should Maria buy her father for Father's Day? Why?

House on Fire

A. Reading

Oh, no! There is a fire at the corner of Third Street and Elm Avenue in Bayside, Colorado. The fire is on the first floor of a two-story house, and it is spreading quickly.

Fire fighters arrived ten minutes ago, and one is using an axe to break the front door. A neighbor said that an elderly woman lives in the house. The woman is partially deaf and can't hear very well. Her bedroom is on the second floor.

The fire fighters are worried because they don't see the woman. The neighbor tried calling her when the fire started, but there was no answer. The fire chief is not sure if the woman is on the first floor of the house or the second floor. The house may collapse soon. The fire chief doesn't want his workers to get hurt. What should he do? Should he send fire fighters into the house to look for the woman?



B. True or False

1. _____ The fire fighter is wearing boots and a hat.
2. _____ The house has two stories.
3. _____ The fire fighter is using a hammer to break the front door.
4. _____ *Partially deaf* means can't hear very well.
5. _____ The house may collapse soon.

C. Yes or No – What about you?

1. _____ I live in a two-story house.
2. _____ I would like to be a fire fighter.
3. _____ I called 911 at least one time.
4. _____ There is a gas stove in my home.

D. Writing – Should the chief send fire fighters into the house? Why or why not?

Teachers: This free lifeskills worksheet maybe copied for classroom use.

American Flag

A. Reading

The American flag is red, white, and blue. It has 13 stripes and 50 stars. The stars are white and are located in a field of blue. The stripes are horizontal and are red and white. Seven of them are red and six of them are white.



The flag is displayed daily from sunrise to sunset in front of schools and government buildings like post offices and libraries. It is displayed with the blue field of stars nearest the staff. The *staff* is the pole that the flag hangs on. When the flag is displayed on a pole, it should be raised quickly and lowered slowly. On special holidays and occasions the flag is flown at half-staff. *Half-staff* means the flag is halfway up the pole. When the flag is flown half-staff, it is first raised quickly to the top of the pole and then slowly lowered to the halfway mark. At the end of the day, it is raised all the way to the top of the pole and then lowered slowly.

The American flag was adopted in 1777 during the American War of Independence. The American War of Independence was from 1775-1783.

B. True or False

1. _____ The American flag has three colors.
2. _____ The red stripes on the flag are vertical.
3. _____ The flag is displayed from sunset to sunrise.
4. _____ Stars on the flag are located in a blue field.
5. _____ *Half-staff* means the flag is flown halfway up the pole.

C. Writing – Correct the sentences.

1. the american flag is red white and blue

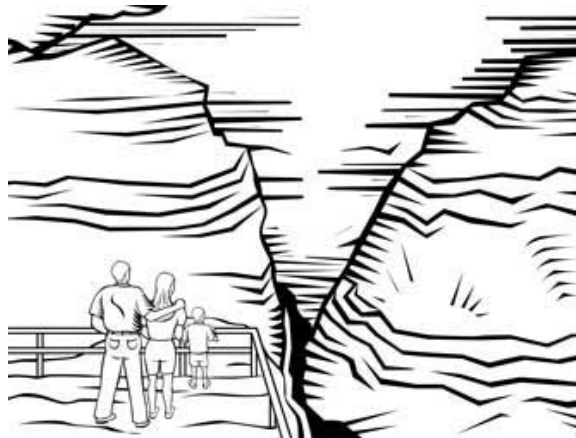
2. the flag was adopted in 1777 during the american war of independence

Teachers: This free lifeskills worksheet may be copied for classroom use.

Grand Canyon

A. Reading

Mr. and Mrs. Soto and their son Hector are at the Grand Canyon in Arizona. They are standing behind the railing and looking at the colorful walls of the canyon. The Grand Canyon was carved by the Colorado River many years ago. It is 277 miles long, 4 to 18 miles wide, and over a mile deep.



The Sotos want to learn more about the Grand Canyon. Mr. Soto and Hector want to go on a helicopter tour, but Mrs. Soto is afraid of flying. She wants to take a bus tour around the canyon. The Soto family can't afford both tours. What should they do?

B. True or False

1. _____ The Grand Canyon is in Colorado.
2. _____ Mr. Soto and Hector are afraid of flying.
3. _____ The Grand Canyon is longer than it is wide.
4. _____ The Grand Canyon is deeper than it is wide.
5. _____ Mrs. Soto wants to take a bus tour around the canyon.

B. Yes or No – What about you?

1. _____ I have visited the Grand Canyon.
2. _____ I went on vacation last year.
3. _____ I have flown on a helicopter.
4. _____ I am afraid to fly on airplanes.
5. _____ I think geography is interesting.

C. Writing – What should the Soto family do? How can they solve their problem?

Teachers: This free lifeskills worksheet may be copied for classroom use.

Jerry Smith

Jerry Smith is 28 years old, and he is single. He lives in Cerritos, California. He teaches ESL at an adult education center. He works Monday to Friday from 8:00 to 3:00. On the weekend, he visits his girlfriend. Her name is Susan, and she is 27 years old. Jerry and Susan like to watch movies and walk along the beach. They also like to jog and ride bicycles.



A. Questions

1. What is Jerry's last name? _____
2. How old is Jerry? _____
3. Does he work on Mondays? _____
4. Does he work on Wednesdays? _____
5. What is Jerry's girlfriend's name? _____
6. How old is she? _____
7. What do Jerry and Susan like to do? _____

B. True or False

- _____ 1. Jerry is a teacher.
- _____ 2. Susan likes to watch movies.
- _____ 3. Jerry and Susan are married.
- _____ 4. Susan is older than Jerry.
- _____ 5. Jerry's last name is Reyes.

Mail Carrier

A. Reading

Van works at the post office. He is a mail carrier. A mail carrier delivers mail to people's houses. Van has been delivering the mail for eight years, and he is bored with his job. He has been taking classes at night to become a manager. He wants to apply for a new management position that is opening up in his department, but he is worried that his co-workers will not want to take orders from him. They might not like it when he tells them what to do. He doesn't want to lose friends, but he really wants to become a manager at the post office. Plus, he wants to make more money, so he can buy a house. What should Van do? How can he solve his problem?



B. True or False

1. _____ Van has been a mailman for eight years.
2. _____ Mail carriers deliver mail to people's vehicles.
3. _____ Van wears a uniform at work.
4. _____ Managers make more money than mail carriers.
5. _____ Managers tell workers what to do. They give orders to workers.

C. Writing – What should Van do? How can he solve his problem?

Teachers: This free lifeskills worksheet may be copied for classroom use.

Medical Appointment

A. Reading

It is Monday morning, and Carlos is sick. He has a sore throat, a fever, and his body aches. He doesn't have health insurance, so he is calling the Maywood Health Clinic to make an appointment.

The receptionist at the clinic wants to know what time he can come in and if he has health insurance. She also wants to know if he has been to the clinic before.

After Carlos answers all the questions, the receptionist makes an appointment for him at 10:30 a.m. today. By the end of their conversation, Carlos is nauseated. He wants to vomit, but he can't. Now, Carlos needs to get dressed and drive to the clinic. He is worried that he might vomit while driving to the clinic. He doesn't want to vomit in his car. What can Carlos do? How can he solve his problem?



B. True or False

1. _____ Carlos has health insurance.
2. _____ *Nauseated* means a person feels like vomiting.
3. _____ Carlos calls the Maywood Clinic at 9:00 Monday morning.
4. _____ Medical receptionists ask questions when patients make appointments.
5. _____ Carlos is worried he might have a car accident.

C. Yes or No – What about you?

1. _____ I have health insurance.
2. _____ I seldom catch a cold.
3. _____ I take medicine when I feel nauseated.
4. _____ My family doctor works in a clinic.
5. _____ I take medicine every day.

D. Writing – What should Carlos do? How can he solve his problem?

Teachers: This freelif skills worksheet maybe copied for classroom use.

Memorial Day

A. Reading

The last Monday of May is Memorial Day. It is a special holiday to honor soldiers who have died in military service to their country. Friends and relatives visit cemeteries to put flags, wreaths, or flowers on the graves of soldiers. Special Memorial Day services are held in some cities. Politicians give speeches and bands play patriotic music.



Memorial Day is also the start of the summer recreational season in America. Many families have picnics or backyard barbeques. Some people watch a car race called the Indianapolis 500. Most schools close for summer vacation around Memorial Day. Families start planning their summer vacations just before or after Memorial Day.

B. True or False

1. _____ Memorial Day is a patriotic holiday observed in the summer.
2. _____ People put flowers, flags, or wreaths on the graves of soldiers.
3. _____ The Indianapolis 500 is a holiday song that is played at gravesites.
4. _____ The men in the picture on this worksheet are wearing military uniforms.
5. _____ Memorial Day is the start of the summer recreational season.

C. Writing – What are you going to do on Memorial Day?

Military Uniforms

A. Reading

There are five military branches in the United States: Army, Navy, Marines, Air Force, and Coast Guard. Each branch has its own special uniforms. New soldiers are given an everyday uniform and a dress uniform when they join a branch of the military. These uniforms include special hats, helmets, and patches. New soldiers are also given boots, dress shoes, and socks.

There is a law that says military uniforms must be made in the U.S.A. from materials that are produced in the U.S.A. It is called the *Berry Amendment*. In the picture, the soldier on the left is in the Navy and the soldier on the right is in the Army. They are wearing military uniforms.

Some soldiers earn medals to wear on their uniforms. When a soldier has many medals, we say that he or she is “highly decorated”.



B. True or False

1. _____ New soldiers are given uniforms when they join the military.
2. _____ The soldier on the right is in the Navy.
3. _____ There are five branches in the United States military.
4. _____ The Army soldier is wearing a helmet and boots.
5. _____ A “highly decorated” soldier has earned many medals.

C. Yes or No – What about you?

1. _____ Someone in my family is a soldier.
2. _____ I have served in a military branch.
3. _____ I wear a uniform to work.

D. Writing – Do you think the *Berry Amendment* is a good idea? Why or why not?

Teachers: This free Veterans Day worksheet may be copied for classroom use.

Mother's Day Celebration

A. Reading

Su is a single mother with two young children. Her son is seven years old, and her daughter is six. They live in a two-bedroom apartment in San Francisco, California. Su is a cashier at a Korean restaurant. Unfortunately, the restaurant is open on Mother's Day, and Su has to work the morning shift from 6:30 to 2:30. Su's children are going to stay with her sister while she is at work.

Su's sister is going to help the children buy a pretty card and a flower for their mom. They are also going to make a special Mother's Day dinner with beef, rice, and salad. After dinner, the children are going to clear the table and wash the dishes. Su and her family don't have much money, but they have found an affordable way to celebrate Mother's Day.



B. True or False

1. _____ After dinner, Su is going to wash the dishes.
2. _____ Su and her children live in an apartment in San Francisco, California.
3. _____ The restaurant Su works at closes at noon on Mother's Day.
4. _____ Su is a single mother with two sons.
5. _____ The children are going to buy a card and a flower for their parents.

C. Yes or No – What about you?

1. _____ My mother lives with me.
2. _____ I have two children.
3. _____ I give my mother a gift on Mother's Day.
4. _____ I go to a restaurant on Mother's Day.
5. _____ I work on Sundays.

D. Writing – What can young children do for their moms on Mother's Day?

Teachers: This free life skills worksheet may be copied for classroom use.

Picture Dictionary

A. Reading

Benito is an ESL student at Lakeshore Adult Education Center. He is in a beginning level class.

Every morning, Benito's teacher reads a page of vocabulary words from the picture dictionary. After the teacher reads the words, the students look at the pictures and copy the words into their notebooks. When everyone is finished, they practice reading the words with a partner. Finally, the teacher selects a student to stand in front of the class and read the words aloud.

Benito is nervous. He doesn't want the teacher to select him to read aloud in class. He is shy, and he doesn't speak English very well. What should Benito do if the teacher asks him to read in front of the class? What should he say?



B. True or False

1. _____ Benito is an instructor at Lakeshore Adult Education Center.
2. _____ The picture dictionary has vocabulary words and pictures.
3. _____ The students play when the teacher reads the words.
4. _____ The students copy the words before they listen to the teacher read.
5. _____ Benito is nervous because the teacher might ask him to stand in front of the class and read the words aloud.

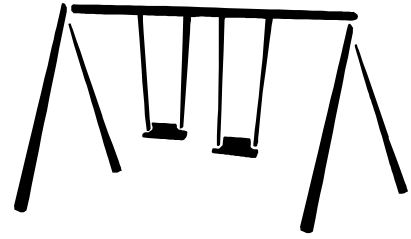
C. Yes or No – What about you?

1. _____ I like to read aloud in front of the class.
2. _____ I like to work with a partner.
3. _____ I speak English every day.
4. _____ Pictures help me learn English.
5. _____ I own a picture dictionary.

D. Writing – What should Benito do if his ESL teacher asks him to read aloud?

Going to the Park

A. Reading



Mrs. Mendoza takes her son and daughter to the park on Saturday mornings. The park has a small playground for young children. Her children like to play on the swings, slides, and teeter-totters. Mrs. Mendoza and her children spend several hours at the park. When the children get hungry, Mrs. Mendoza takes them to Mc Donald's for lunch. The children eat hamburgers.

Last week, Mrs. Mendoza's neighbor asked her to take her children to the park, too. Mrs. Mendoza doesn't want to take other people's children to the park, but she doesn't want to hurt her neighbor's feelings. What should she do? What should she say to her neighbor?

B. True or False

- _____ Mrs. Mendoza plays on the slides, swings, and teeter-totters.
- _____ The park has a playground for young children.
- _____ Mrs. Mendoza takes her children to Mc Donald's for lunch on Saturday.
- _____ In the picture, a girl is swinging on a swing.
- _____ Mrs. Mendoza wants to hurt her neighbor's children.

C. Writing – What should Mrs. Mendoza say to her neighbor? Complete the conversation below. When you finish, practice the conversation with a partner.

Neighbor:	Can you take my children to the park with you this Saturday?
Mendoza:	No, I can't.
Neighbor:	Why not?
Mendoza:	
Neighbor:	
Mendoza:	
Neighbor:	
Mendoza:	
Neighbor:	
Mendoza:	

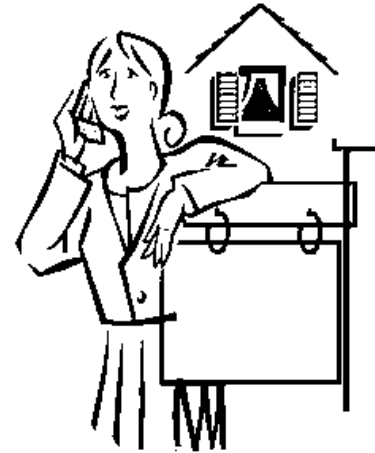
Real Estate Agent

A. Reading

Margret is a real estate agent in West Valley, Utah. She is at a home on Baker Street and is waiting for her clients to arrive. She is going to show them a three-bedroom house.

The house has a large kitchen, lots of closets, and a large backyard. The price of the house is \$375,000, which is a good price for the area. Her clients will need to put twenty percent down. The seller has another family that is interested in the house, so Margaret needs to work fast if her clients want the house.

Margaret has another appointment in half an hour, so she can only wait another fifteen minutes for her clients to show up. She is calling them, but there is no answer. What should Margaret do if her clients don't show up in fifteen minutes?



B. True or False

1. _____ Margaret wants to buy a new house for her family.
2. _____ Margaret's clients will have to put \$37,500 down on the house.
3. _____ West Valley is a city in Utah.
4. _____ The house has three bedrooms, lots of closets, and a large backyard.
5. _____ Another family is interested in the house.

C. Yes or No – What about you?

1. _____ I am buying a house.
2. _____ I am renting a house or apartment.
3. _____ Houses are expensive in my city.
4. _____ My home has a large kitchen.
5. _____ I can see trees from my bedroom window.

D. Writing – What should Margaret do if her clients don't show up in 15 minutes?

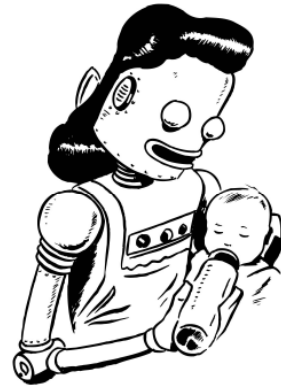
Teachers: This freelifeskills worksheet maybe copied for classroom use.

Robot Mothers

A. Reading

Being a mother is difficult. Mothers take care of children and do housework every day, even on the weekends. Many mothers also work or attend school. When mothers are at school or work, they often leave their children with a babysitter. Unfortunately, babysitters are expensive and sometimes they aren't nice to the children.

It would be nice if someday every family owned a robot to help take care of the children. Then being a mother would be easier. Maybe the robot could help with the household chores like cooking, vacuuming, and washing clothes. Do you think this is possible? Will we have robots someday to help us with our household chores? Could a robot be a mother?



B. True or False

1. _____ Mothers take care of children and do housework every day.
2. _____ Someday, robots might help mothers with household chores.
3. _____ A robot is a human being with feelings.
4. _____ The baby in the picture is crying because it is hungry.
5. _____ Babysitters take care of children when their parents are at work or school.

C. Writing – Can a robot be a good mother? Explain your answer.

Teachers: This freelifelike worksheet maybe copied for classroom se.

Rollover Accident

A. Reading

Oh, no! Bob was driving on the 55 Freeway in Costa Mesa when his car rolled over. He was driving too fast around a curve in the freeway, and his car went off the road and rolled over. Luckily, no one was hurt.

Bob is okay, but he is upset. The roof of his car is dented and the left door is broken. He has car insurance, but his insurance rate will go up because this accident will be on his record.

Bob called the police on his cell phone, and they are on the way. He also called his insurance company and his wife. His wife wants him to go to the hospital for a medical examination. Bob thinks he's okay, and he doesn't want to go to the hospital. He wants to go home. Should Bob go to the hospital for a medical examination? What should he do next?



B. True or False

1. _____ Bob's car rolled over when he was driving too fast around a curve.
2. _____ Bob called the police, his car insurance company, and his wife.
3. _____ The 55 Freeway is in Costa Mesa.
4. _____ The roof of Bob's car is dented and the right door is broken.
5. _____ Bob doesn't want to go home because his wife is angry.

C. Yes or No – What about you?

1. _____ I like to drive fast.
2. _____ I am afraid to drive on the freeway.
3. _____ My car insurance went up after I had an accident.
4. _____ I never get tickets.
5. _____ I don't have a driver's license.

D. Writing – Should Bob go to the hospital? Why or why not?

Teachers: This free lifeskills worksheet may be copied for classroom use.

New York City Cab Driver

A. Reading

Marty drives a cab in New York City. He works six days a week from 5:30 a.m. to 5:30 p.m. He doesn't always get to eat when he's hungry or go to the restroom when he needs to go.

Driving a cab is difficult. Traffic in the city is often slow and there are many accidents and construction sites drivers have to go around. Driving a cab is also dangerous. When it rains or snows the roads are slippery. Sometimes criminals steal the cab driver's money.

Most of Marty's passengers are nice. They tip him twenty percent of the cab fare. Marty likes his job, but lately he's been feeling tired from working twelve hour shifts. Many of his passengers are tourists, and they like to talk a lot. Unfortunately, Marty is seldom in the mood to talk anymore. It's hard to be friendly every day.



B. True or False

- _____ Marty is a bus driver in New York City.
- _____ The traffic in New York City is often slow.
- _____ Rain and snow make driving a cab safe and easy.
- _____ Most passengers tip Marty twelve percent of the cab fare.
- _____ In the picture, Marty is wearing a cap.

C. Yes or No – What about you?

- _____ There are many cabs in my city.
- _____ I live in New York City.
- _____ I have visited New York City.
- _____ I am friendly and I like to talk a lot.
- _____ I seldom ride in a cab.

D. Writing – What should Marty do? How can he solve his problem?

Teachers: This free life skills worksheet may be copied for classroom use.

Family Vacation

A. Reading

The Chow family is on vacation. They are staying in Hawaii for five days. They rented a hotel room on the beach in Maui.

Everyone is excited. The kids want to go on a submarine tour and see the fish in the Pacific Ocean. Mrs. Chow wants to go shopping and take a sunrise tour of Haleakala Crater. Mr. Chow wants the family to go hiking in the morning, visit museums in the afternoon, and have a barbecue on the beach in the evening. He is worried about spending too much money.

Mrs. Chow thinks her husband worries too much about money. She wants him to relax and forget about money while they are on vacation. What should Mrs. Chow do? How can she solve her problem?



B. True or False

1. _____ Mr. and Mrs. Chow are married.
2. _____ The Chow family is going to Hawaii for a week.
3. _____ Haleakala Crater is in Maui, and Maui is in Hawaii.
4. _____ Mr. Chow is concerned about the family's budget.
5. _____ Hawaii is in the Atlantic Ocean.

C. Yes or No – What about you?

1. _____ I went to Hawaii on vacation.
2. _____ I like to stay in hotels.
3. _____ Unfortunately, I can't afford a vacation this year.
4. _____ I am saving money to take a trip.

D. Writing – What should Mrs. Chow do? How can she solve her problem?

Teachers: This free life skills worksheet may be copied for classroom use.

Household Chores

A. Reading

Tanya is 15 years old, and she lives with her mother and her younger sister. Her mother has two part-time jobs, so Tanya has to do most of the housework. Tanya doesn't think this is fair. She thinks her sister should have to help with the housework. Her sister is only ten years old, and she likes to play with her friends after school. Tanya remembers that she had to do housework when she was ten, so she doesn't understand why her mother doesn't make her sister help with the household chores. Tanya is tired of doing all the housework. She wants to hang out with her friends after school or go to the library and use the computers to do her homework. She is going to talk to her mother about this problem, but she doesn't know what to say.



B. True or False

- _____ Tanya and her sister are both ten years old.
- _____ Tanya's mother has a full-time job.
- _____ There are computers at the library.
- _____ Washing the dishes is a household chore.
- _____ The girl in the picture is doing the laundry in the kitchen sink.

C. Writing – What should Tanya say to her mother? Write the conversation.

Tanya:	Hi, mom. Can I talk to you for a moment?
Mom:	Sure, Tanya. What is the problem?
Tanya:	
Mom:	
Tanya:	
Mom:	
Tanya:	
Mom:	
Tanya:	
Mom:	

Teachers: This free lifeskills worksheet may be copied for classroom use.

Visiting a Zoo

A. Reading

Today is Ming Chow's birthday, and he is at the zoo. He is with his father, his sister, and two of his friends.

It is Saturday morning, and the zoo is crowded. The kids at the zoo are noisy, and they don't want to wait in long lines to see the animals. Some kids are pushing other kids and kicking the animal cages.

Mr. Chow, Ming's father, is upset because he doesn't think children should behave like that. He doesn't want to have a problem with the other parents, but he wants to stop the children from pushing other children and kicking the animal cages. What should Mr. Chow do? How can he solve his problem?



B. True or False

- _____ Mrs. Chow is at the zoo with her two children and their friends.
- _____ Ming's birthday is on a Saturday this year.
- _____ The children at the zoo are behaving nicely.
- _____ The animals are kicking their cages.
- _____ The children in the picture are looking at a tiger.

C. Yes or No – What about you?

- _____ I like to go to the zoo.
- _____ I went to the zoo this year.
- _____ There is a zoo in my city.
- _____ I have a pet.
- _____ I like to take care of children.

D. Writing – What should Mr. Chow do? How can he solve his problem?

Teachers: This free lifeskills worksheet may be copied for classroom use.

Arbor Day



A. Reading

It's Arbor Day, and Marla and Tio are planting a tree in their backyard. Their parents are watching TV in the living room, and they don't know what the children are doing. Marla and Tio learned about Arbor Day in school. Their teachers told them trees are important to the environment because they create oxygen and provide a home for birds and other small animals. Now, the kids want to surprise their parents by planting a tree in the middle of the backyard. They hope their parents will be happy.

B. Writing – What should Marla and Tio say to their dad and mom? Complete the conversation below. When you finish, practice the conversation with friends.

Mom:	<i>Hi, kids. What are you doing?</i>
Tio:	
Dad:	
Marla:	
Mom:	
Tio:	
Dad:	
Marla:	

Teachers: This free lifeskills worksheet may be copied for classroom use. Visit us on the web at www.elcivics.com for more downloadable ESL and EL Civics lesson material.

Silly Bear Story

A. Reading

The Kirkland family went camping in Yosemite National Park in northern California. They found a beautiful spot near a stream, and they set up their tent and started a fire. Mr. Kirkland left to search for more fire wood. When he returned, he saw his wife and son up in a tree. A mother bear was roasting hot dogs over the campfire and a baby cub was sleeping in a sleeping bag. The mother bear roared when she saw Mr. Kirkland. He was so afraid that he climbed up the same tree that held his wife and son. Do you think this is a true story? Is it fact or fiction?



B. True or False

1. _____ Yosemite National Park is in California.
2. _____ A baby bear is a *cub*.
3. _____ In the picture, the mother bear is sitting on a log.
4. _____ The Kirkland family is afraid of bears.
5. _____ Bears can roast hot dogs over campfires.

C. Yes or No – What about you?

1. _____ I have been to a National Park.
2. _____ I am afraid of bears.
3. _____ I like to go camping.
4. _____ I like to eat hot dogs that are cooked outside.
5. _____ I have a pet.

D. Writing – The Kirkland family is hungry and tired. What should they do?

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Unhealthy Breakfast

A. Reading

Jack is a bachelor. He works in downtown Chicago as a shoe salesman. Every morning on his way to work, Jack stops at a donut shop and buys a chocolate donut and a cup of coffee. Jack likes this morning routine because it is quick and easy. He doesn't have to cook breakfast or wash the dishes.

Last time Jack went to the doctor for a check-up his doctor told him that he had high cholesterol. The doctor told Jack to stop eating foods that are high in fat. Donuts are fried in a lot of fat.



B. True or False

- _____ Jack is a shoe salesman in Seattle, Washington.
- _____ Jack is married, but he and his wife are getting a divorce.
- _____ The nurse told Jack to stop eating fatty foods like donuts.
- _____ In the picture, Jack is sitting on a stool and drinking coffee.
- _____ Donuts are healthy because they are fried in fat.

C. Writing – Write a conversation between Jack and his doctor.

Doctor:	Jack, your cholesterol is high. You need to eat healthy foods with little fat.
Jack:	But I like to eat chocolate donuts, hamburgers, and fries.
Doctor:	
Jack:	
Doctor:	
Jack:	
Doctor:	
Jack:	
Doctor:	

Teachers: This freelifeskills worksheet maybe copied for classroomuse.

Busy Bus Driver

A. Reading

Adan is a bus driver in Freemont City, Nevada. He works the morning shift from 5:30 to 1:30. His bus route is Route 26, which runs east and west along Emerson Street. His route is busy, but it is in a nice part of town.

Adan likes his job because he gets off work early. He works four hours on Saturdays, but he is off on Sundays. He usually spends Sundays with his family.

Next year, Adan will turn 62 and he can retire. His wife wants him to work for another three years because in three years their house will be paid off. Their bills will be much lower then. Adan has worked hard for the past 30 years, and he wants to retire as soon as possible. He's not worried about money. What should Adan do?



B. True or False

1. _____ Adan is a widower.
2. _____ Adan works four hours on the weekend.
3. _____ Route 26 is in a dangerous neighborhood.
4. _____ Adan wears a uniform to work.
5. _____ Adan's house will be paid off in another three years.

C. Yes or No – What about you?

1. _____ I have a job and I like it.
2. _____ I usually spend Sundays with my family.
3. _____ I would like to be a bus driver.
4. _____ I worry about money.

D. Writing – What should Adan do? Should he retire next year?

Teachers: This freelifeskills worksheet maybe copied for classroomuse.

Checking Account

A. Reading

Rosa is engaged to her boyfriend Kyle. They plan to get married in May, and they are each saving \$350 a month for the wedding and the honeymoon.

Kyle wants to open a joint checking account in both of their names, but Rosa said no. She likes having her own bank accounts. She has a savings account and a checking account, and she doesn't want another account. Kyle is frugal with his money, and if she opens a bank account with him, he might ask her to explain why she withdrew money from the account. He might even ask her why she didn't deposit enough money into their account. Kyle thinks that Rosa doesn't trust him. He said they can't get married if she doesn't trust him.



B. True or False

- _____ Kyle is Rosa's fiancé.
- _____ Rosa has a checking account and a savings account.
- _____ Rosa has an ATM card.
- _____ *Frugal* means thrifty.
- _____ When you withdraw money from a bank account the balance goes up.

C. Yes or No – What about you?

- _____ I am single.
- _____ I have a savings account.
- _____ I am frugal with money.
- _____ There is a bank near my house.
- _____ I don't like to lend people money.

D. Writing – Should Rosa open a joint account with Kyle? Why or why not?

Teachers: This free lifeskills worksheet may be copied for classroom use